

What's On...

MONDAY



Playtime
10am - 11.30am

A popular drop-in stay and play session run jointly by Welcare in East Surrey and The Red Oak. For under 5's.
@ Age Concern, Weldon Way, Merstham, RH1 3QB.
Donation of £1 per family.



SPLAT! Bletchingley
9am - 10.30am

Stay, play and learn sessions in the nursery at Bletchingley Village Primary School, RH1 4PP. For families with children under 5. **15 Oct. Donation of £1 per family.**



HENRY*
9.30am - 11.30am

Health Exercise Nutrition for the Really Young. 8-week course. Limited crèche facility available. **Starts 8 October. Cost £16 or £2 per week. £5 deposit.**



Baby Massage
1pm - 2.30pm

A 4-week baby massage class taught by a qualified instructor. Bursary places available please speak to a member of staff. **Bursary places may be available depending on circumstances. Starts 5 Nov. £25 must be paid in person on booking. (Cash or cheque).**



Basic First Aid
1.30pm - 3pm

A one off session focusing on providing first aid to young children. **£2 payable on booking to secure your place. 15 Oct.**



Parenting Puzzle
7.30 - 9.30pm

A 4 week course providing tips and advice to make family life easier.
Starts 8 October. Cost £15. £5 deposit.



Talking Pre-Teens
7.30 - 9.30pm

A 4 week course to give parents ideas and strategies to maintain boundaries, motivation and support for young people. Suitable for parents of children from year 5 upwards. **Starts 12 November. Cost £15. £5 deposit.**

What's On...

TUESDAY



Toddler Time
9.30am - 11am

Stay, play and learn sessions for toddlers and their parents/carers. Younger siblings welcome. Priority will be given to families living in Merstham, Bletchingley and Nutfield.
Donation £1 per family.

What's On...

WEDNESDAY



Baby Café
10am - 12noon
Drop in term time only

Breastfeeding support and information for pregnant and breastfeeding mums. Partners welcome.
(To see a breastfeeding counsellor please arrive by 11:30am) @ Dovers Green Children's Centre.



SPLAT! HBC's
10am - 1130am

For homebased child carers only. Weekly (term time only)
£1 per child.



Family Foods
1pm - 3pm

Introducing Family Foods covering; when to start solids, what your baby should be eating, how to encourage your baby to eat. For families of babies aged 4-6 months.
20 Sept & 15 Nov CALL TO BOOK.



SPLAT!
1.30pm - 3pm

An afternoon stay, play and learn session for parents/carers and their under 5's.
With an area specifically for babies.
Donation £1 per family.

What's On...

THURSDAY



Child Health Drop In Clinic
12.30pm - 2.30pm

Drop in and chat to the health team about your child/children on all aspects of child health.
Fortnightly from 13 September.

What's On...

FRIDAY



Every Child A Talker
9.30am - 10.30am

Play session with a focus on communication, speech and language development. 5-week course.
Call to check eligibility.
Starts 14 Sept & 9 Nov. Donation £1 per family.



Play & learning together
9.30am - 10.30am

A one-off session covering the importance of play and learning through play. **Starts 19 Oct & 14 Dec.**
Donation £1 per family.



Bletchingley Child Health Drop In Clinic
9.30am - 11.30am

Drop in and chat to the health team about your child/children on all aspects of child health.
Fortnightly from 7 September.



Rhyme time
10.30am - 11am

Weekly singing & stories with our Outreach team at Merstham library.



Baby Boogie Mites
11am - 12.30pm

A 5-week course for parents & babies (aged 6 weeks to crawling), living in our reach area. Baby massage and stimulation, routines and music to support development in an interactive, fun way.
Starts 21 Sept. £2 payable on booking to secure your place.



Boogie Mites
2.30pm - 3pm

An interactive fun, music and rhyme session run by Boogie Mites. For families living within Merstham, Bletchingley and Nutfield. **£1 charge per family.**

What's On...

SATURDAY



Dads Club
10am - 12noon

An opportunity for dads to bring their under 7's to a session of play and activities.
Runs every 4th Saturday of the month.
22 Sept, 27 Oct & 24 Nov. Donation £1 per family.



Parentcraft Ante-Natal
10am - 2.30pm

Antenatal sessions for parents to be. Booked and run by our local community midwife team.
Speak to your midwife for more information.
22 Sept & 24 Nov.