



Making a positive difference to all families



The Red Oak Family Centre  
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# Summer Programme

Places for these groups is limited. These are not drop-in groups.  
Contact the centre for more information

## MONDAY

### 9.30am - 11.00am **MERSTHAM PLAYTIME!**

Stay and play session for parents/ carers and their children 0-5 years old.  
At The Red Oak Family Centre, Radstock Way, Merstham, RH13NH

## TUESDAY

### 9.30am - 11.00am **A SPACE TO COME**

A friendly, welcoming group for families with children who have special educational needs or disabilities or who have concerns about their child's development. Get professional advice & information on available services whilst your child plays. At The Red Oak Family Centre, Radstock Way, Merstham, RH13NH

## WEDNESDAY

### 10.30am - 12.00am **HORLEY PLAYTIME!**

Stay and play session for parents/ carers and their children 0-5 years old.  
At YMCA Horley Family Centre, The Old Fire Station, Albert Road, Horley, RH6 7JA

## THURSDAY

### 1.30pm - 2.30pm **MERSTHAM BABY & ME**

A friendly group for parents with pre-walking babies aged 0-12 months, focusing on the first year of your baby. At The Red Oak Family Centre

## FRIDAY

### 9.30am - 10.30am **ECAT**

A 5-week course - Each week is a play session focusing on communication, speech and language development, for children aged approximately 2 years upwards.

If you would like information about any of these groups or feel these will benefit you and your family, please contact The Red Oak Family Centre on 01737 645908 to have a chat.





At The Red Oak Family Centre, we run also a variety of groups and programmes for children designed to develop children's communication, speech and language and also a love of stories, books and rhymes.

These are all delivered through fun play-based sessions.

**ECAT** is a friendly FREE 5-week course at the family centre. This is a play session focusing on communication, speech and language development, for children aged approximately 2 years upwards.

**Bookstart Corner** is a FREE programme aimed at families with children aged 12-30 months who might need extra support to develop a love of stories, books and rhymes. This is delivered to families over a series of four flexible sessions that fit in around family life. We can work with children making books enjoyable, using props to bring stories to life to promote literacy, communication and language.

**Package of Play** is a FREE 4-week programme where we help families learn new ideas on how to be child-led in play. These are informal and relaxed sessions involving interactive activities and are all about having fun. The focus is on letting the parent follow their child's lead through play and letting them experience power and control through play, which in turn will develop their co-operation and ability to follow their parent's lead in everyday tasks.

**If you would like to find out more information on these groups or any of our services, please contact The Red Oak Family Centre.**



## Family Support

Our main role at the Family Centre is Helping Families Early and supporting families with children aged 0-11 years old, to improve certain areas of their lives. We have a team of Family Support Workers who work directly with families, offering them individual packages of care, whether at home or in the centre. They provide support and guidance in a range of areas, including parenting, special educational needs, behaviour, education, mental health and much more.

The family centre is open to get advice and information. The centre offers a selection of groups and activities for families; including baby groups, play sessions for parents and carers of children with additional needs, speech and language communication groups, 1-2-1 parenting sessions, BookStart and 1-2-1 play & learn sessions, parenting courses and child health and development support.

## Advice and Information

**The Family Centre is open every day Mon-Fri 8.30am-4.30pm.**  
Contact the centre beforehand so we can arrange an appointment for you to visit.

If you would like to speak to a member of the team for advice and information, come along to the centre, we are here to help.

- \*Questions about FEET funding and childcare
- \*Housing & Benefits Advice
- \*Healthy Start Vitamins
- \*Foodbank Support
- \*Completing forms or paperwork
- \*Assistance with nursery & school admissions

## Other Local Family Centres

- Welcare, Welcare House, Redhill, RH1 1BU | T 01737 780884 | [welcare.org](http://welcare.org)
- YMCA Horley Family Centre, YMCA East Surrey, Horley Old Fire Station, RH6 7JA | T 01293 820068 | [ymcaeast Surrey.org.uk](http://ymcaeast Surrey.org.uk)
- Epsom Downs Family Centre, Epsom Downs, KT18 5RJ | T 01737 851079 / 851085 [www.epsomdowns.surrey.sch.uk](http://www.epsomdowns.surrey.sch.uk)

