## Welcare Family Centre Redhill



# Family Links Parenting Puzzle Workshop (10 weeks – with creche)



### Mondays 15<sup>th</sup> January – 25<sup>th</sup> March 10.00am – 12.00pm (excludes half-term – 12<sup>th</sup> Feb)

**Raising children can be puzzling at times, but puzzles have solutions** ... Delivered in partnership with the Red Oak Family Centre, this course aims to help you get the best out of family life, helping to build positive, constructive relationships and develop calm, confident parenting. The course encourages parents to share experiences, understand their child's behaviour and develop practical strategies to help apply positive approaches to discipline and boundarysetting. The course is informal, fun and a great confidence booster!

#### Who?

Parents and carers of children aged 2 years + Limited crèche places for children over 12 months. Please speak to us if you need a crèche place for a child under 1 year.

#### Where?

Welcare House, 24 Warwick Road, Redhill RH1 1BU.

#### Details

£20 fee - includes the course book.

Secure your place with a £5 deposit.





Welcare is a working name for Southwark Diocesan Welcare. Registered office: 24, Warwick Road, Redhill, Surrey RH1 1BU. A registered charity in England & Wales (1107859) and a company limited by guarantee registered in England & Wales (5275749).



## Parenting Puzzle Workshop BOOKING FORM



There is a fee of £20 to cover the cost of course materials. Places are limited, so please book as soon as possible. If payment is an issue, please speak to a member of staff.

To book your place please complete the following form and bring it into Welcare with the £5 deposit (cash or credit card only).

Your details		
Name:		
Address:		
Tel No.:		
Email:		
Number and ages of children:		
Request for a place in the creche:		
Name of child		Date of birth
welcare strengthening families since 1894	Red Oak	Surrey children & families

Welcare is a working name for Southwark Diocesan Welcare. Registered office: 24, Warwick Road, Redhill, Surrey RH1 1BU. A registered charity in England & Wales (1107859) and a company limited by guarantee registered in England & Wales (5275749).